

Host:	Swimming WA
Contact:	Ph: 9328 4599 Email: waswim@wa.swimming.org.au
Date of Event:	Saturday 24 th and Sunday 25 th September 2016
Location:	HBF Stadium
Time:	• Warm-up: 8.00am • Start: 9.00am
Cost:	\$11.00 per individual event \$15.00 per relay event
Closing Date:	Individual entries: 9.30PM Tuesday 13th September 2016 Relay Entries: 9.30PM Wednesday 14th September 2016
Recognition/ Awards	• Medals will be awarded to 1st, 2nd, 3rd, in each age group • An award will be presented to the Male and Female Swimmer of the Meet for 2 age groups divisions; 10yrs/U and 11yrs/O • The winner of these awards will be based on points scored throughout the meet with extra points being awarded for a State Record being broken
Entry Method:	• Online entries only via the SWA Website: www.wa.swimming.org.au • Club Relay Entries – All TM electronic entry file via Club Registrar
Entry Information:	• All entrants must be Annual Members of Swimming WA • Times must have been achieved since 1st January 2015 • All events will be swum as Timed Finals • Any number of relay teams can be submitted per Club for single gender relays • Mixed relays are to be made up of 2 of each gender – one Club entry only per relay
Qualifying Times:	• Swimmers are to refer to the 2016 Winter State Qualifying times in Almanac • Qualifying times are not required for MC Events • 7yrs must meet the 8yrs qualifying time • If no qualifying times are listed for age groups, refer to the next age group qualifying times.
Eligible Age Groups:	• Age as at the first day of competition. • Competitors are restricted to swim in their own age group • 7yrs to 12 yrs

EVENT PROGRAMME

Saturday 24th September 2016

1.	Boys 11yrs-12yrs 400m Freestyle
2.	Girls 11yrs-12yrs 400m Freestyle
3.	Boys 10yrs 100m Butterfly
4.	Girls 10yrs 100m Butterfly
5.	Boys 8yrs/U 50m Breaststroke
6.	Girls 8yrs/U 50m Breaststroke
7.	Boys 9yrs 50m Breaststroke
8.	Girls 9yrs 50m Breaststroke
9.	Boys 11yrs 100m Butterfly
10.	Girls 11yrs 100m Butterfly
11.	MC Mixed 12yrs/U 50m Butterfly
12.	Boys 12yrs 100m Butterfly
13.	Girls 12yrs 100m Butterfly
14.	Boys 8yrs/U 100m Freestyle
15.	Girls 8yrs/U 100m Freestyle
16.	Boys 9yrs 100m Backstroke
17.	Girls 9yrs 100m Backstroke
18.	Boys 10yrs-12yrs 200m Breaststroke
19.	Girls 10yrs-12yrs 200m Breaststroke
20.	Boys 8yrs/U 50m Butterfly
21.	Girls 8yrs/U 50m Butterfly
22.	MC Mixed 12yrs/U 50m Breaststroke
23.	Boys 12yrs 100m IM
24.	Girls 12yrs 100m IM
25.	Boys 9yrs 200m Freestyle
26.	Girls 9yrs 200m Freestyle
27.	Boys 10yrs 50m Freestyle
28.	Girls 10yrs 50m Freestyle
29.	Boys 11yrs 50m Freestyle
30.	Girls 11yrs 50m Freestyle
31.	Boys 12yrs 50m Freestyle
32.	Girls 12yrs 50m Freestyle
33.	Boys 8yrs-10yrs 4 x 50m Freestyle Relay

34.	Girls 8yrs-10yrs 4 x 50m Freestyle Relay
35.	Boys 11yrs-12yrs 4 x 50m Medley Relay
36.	Girls 11yrs-12yrs 4 x 50m Medley Relay
37.	Boys 11yrs-12yrs 200m Freestyle
38.	Girls 11yrs-12yrs 200m Freestyle
39.	Boys 10yrs 200m IM
40.	Girls 10yrs 200m IM
41.	Boys 8yrs/U 100m Backstroke
42.	Girls 8yrs/U 100m Backstroke
43.	Boys 9yrs 100m Freestyle
44.	Girls 9yrs 100m Freestyle
45.	Boys 11yrs 100m Backstroke
46.	Girls 11yrs 100m Backstroke
47.	Boys 12yrs 100m Backstroke
48.	Girls 12yrs 100m Backstroke
49.	Boys 10yrs 100m Backstroke
50.	Girls 10yrs 100m Backstroke
51.	Boys 11yrs 100m IM
52.	Girls 11yrs 100m IM
53.	Boys 8yrs/U 50m Freestyle
54.	Girls 8yrs/U 50m Freestyle
55.	Boys 9yrs 50m Butterfly
56.	Girls 9yrs 50m Butterfly
57.	Boys 12yrs 50m Butterfly
58.	Girls 12yrs 50m Butterfly
59.	Boys 11yrs 50m Breaststroke
60.	Girls 11yrs 50m Breaststroke
61.	Boys 10yrs 50m Breaststroke
62.	Girls 10yrs 50m Breaststroke
63.	Boys 11yrs-12yrs 800m Freestyle
64.	Girls 11yrs-12yrs 800m Freestyle
65.	Mixed 8yrs-10yrs 4 x 50m Freestyle Relay
66.	Mixed 11yrs-12yrs 4 x 50m Freestyle Relay

EVENT PROGRAMME

Sunday 25th September 2016

67.	Boys 12yrs 200m IM
68.	Girls 12yrs 200m IM
69.	Boys 10yrs 200m Freestyle
70.	Girls 10yrs 200m Freestyle
71.	Boys 8yrs/U 100m Breaststroke
72.	Girls 8yrs/U 100m Breaststroke
73.	Boys 9yrs 200m IM
74.	Girls 9yrs 200m IM
75.	Boys 11yrs 200m IM
76.	Girls 11yrs 200m IM
77.	MC Mixed 12yrs/U 50m Backstroke
78.	Boys 12yrs 50m Backstroke
79.	Girls 12yrs 50m Backstroke
80.	Boys 10yrs 100m Breaststroke
81.	Girls 10yrs 100m Breaststroke
82.	Boys 8yrs/U 50m Backstroke
83.	Girls 8yrs/U 50m Backstroke
84.	Boys 9yrs 100m Breaststroke
85.	Girls 9yrs 100m Breaststroke
86.	Boys 11yrs-12yrs 200m Butterfly
87.	Girls 11yrs-12yrs 200m Butterfly
88.	MC Mixed 12yrs/U 50m Freestyle
89.	Boys 10yrs 100m IM
90.	Girls 10yrs 100m IM
91.	Boys 11yrs 100m Breaststroke
92.	Girls 11yrs 100m Breaststroke
93.	Boys 12yrs 100m Breaststroke
94.	Girls 12yrs 100m Breaststroke
95.	Boys 9yrs 50m Backstroke
96.	Girls 9yrs 50m Backstroke

97.	Boys 10yrs 50m Butterfly
98.	Girls 10yrs 50m Butterfly
99.	Boys 10yrs-12yrs 200m Backstroke
100.	Girls 10yrs-12yrs 200m Backstroke
101.	Boys 9yrs 50m Freestyle
102.	Girls 9yrs 50m Freestyle
103.	Boys 11yrs 100m Freestyle
104.	Girls 11yrs 100m Freestyle
105.	Boys 10yrs 100m Freestyle
106.	Girls 10yrs 100m Freestyle
107.	Boys 12yrs 100m Freestyle
108.	Girls 12yrs 100m Freestyle
109.	Boys 11yrs 50m Butterfly
110.	Girls 11yrs 50m Butterfly
111.	Boys 9yrs 100m Butterfly
112.	Girls 9yrs 100m Butterfly
113.	Boys 12yrs 50m Breaststroke
114.	Girls 12yrs 50m Breaststroke
115.	Boys 11yrs 50m Backstroke
116.	Girls 11yrs 50m Backstroke
117.	Boys 10yrs 50m Backstroke
118.	Girls 10yrs 50m Backstroke
119.	Boys 9yrs/U 100m IM
120.	Girls 9yrs/U 100m IM
121.	Boys 11yrs-12yrs 400m IM
122.	Girls 11yrs-12yrs 400m IM
123.	Boys 8yrs-10yrs 4 x 50m Medley Relay
124.	Girls 8yrs-10yrs 4 x 50m Medley Relay
125.	Boys 11yrs-12yrs 4 x 50m Freestyle Relay
126.	Girls 11yrs-12yrs 4 x 50m Freestyle Relay

2016 STATE CHAMPIONSHIP SHORT COURSE QUALIFYING TIMES

Male		8	9	10	11	12	13	14	15	16	17/18	Open
Freestyle	50m	0:45.00	0:42.00	0:38.40	0:36.00	0:33.50	0:30.10	0:29.00	0:28.20	0:28.00	0:27.10	0:25.70
	100m	1:47.00	1:41.00	1:23.00	1:17.00	1:12.00	1:05.50	1:03.20	1:01.20	1:00.50	0:59.40	0:56.20
	200m		3:31.00	3:04.00	2:42.00	2:35.00	2:27.60	2:23.10	2:18.30	2:16.50	2:14.30	2:06.50
	400m				5:42.00	5:22.00	5:00.30	4:50.40	4:42.70	4:39.40	4:33.90	4:30.60
	800m				11:53.00	11:13.00	10:32.50	10:07.20	9:50.70	9:44.10	9:30.90	9:28.70
	1500m						19:40.30	19:04.00	18:42.00	18:09.00	18:03.50	17:36.00
Backstroke	50m	0:53.00	0:50.00	0:46.00	0:44.00	0:41.00	0:35.80	0:34.40	0:33.40	0:32.80	0:32.30	0:30.10
	100m	1:58.00	1:52.00	1:34.00	1:29.00	1:24.00	1:15.50	1:12.60	1:10.40	1:09.30	1:08.00	1:04.70
	200m			3:26.00	3:06.00	2:55.00	2:48.80	2:41.90	2:37.40	2:35.10	2:31.70	2:22.80
Breaststroke	50m	0:58.00	0:55.00	0:51.00	0:49.00	0:46.00	0:40.10	0:38.30	0:37.20	0:36.30	0:35.80	0:33.20
	100m	2:16.00	2:07.00	1:48.00	1:43.00	1:36.00	1:26.10	1:22.30	1:20.10	1:18.10	1:17.00	1:12.50
	200m			3:59.00	3:33.00	3:18.00	3:11.60	3:04.70	3:01.30	2:56.70	2:55.40	2:41.70
Butterfly	50m	0:52.00	0:49.00	0:44.00	0:41.00	0:37.50	0:33.30	0:31.60	0:30.60	0:30.10	0:29.60	0:27.50
	100m		2:00.00	1:37.00	1:30.00	1:24.00	1:12.90	1:09.30	1:07.10	1:05.80	1:04.90	1:01.50
	200m				3:11.00	2:53.00	2:49.80	2:41.90	2:36.80	2:34.50	2:28.20	2:19.70
Ind. Medley	100m	1:59.00	1:53.00	1:42.00	1:30.00	1:20.70	1:17.90	1:14.90	1:13.30	1:11.50	1:10.70	1:05.90
	200m		4:05.00	3:40.00	3:15.00	2:55.00	2:49.00	2:42.50	2:39.10	2:35.10	2:33.40	2:23.00
	400m					6:12.00	5:52.00	5:33.30	5:25.60	5:18.50	5:13.50	5:07.70
Freestyle Relay	4x50m		3:12.00	2:47.00	2:30.00	2:21.00	2:10.00	2:05.00	2:02.00	2:01.00	1:58.00	1:48.00
	4x100m								4:15.00	4:12.00	4:06.00	3:57.00
	4x200m									9:06.00	8:57.00	8:43.00
Medley Relay	4x50m		3:43.00	3:20.00	2:54.00	2:41.00	2:30.00	2:22.00	2:20.00	2:17.00	2:14.00	2:00.00
	4x100m								4:40.00	4:39.00	4:34.00	4:24.00

2016 STATE CHAMPIONSHIP SHORT COURSE QUALIFYING TIMES

Female	8	9	10	11	12	13	14	15	16	17/18	Open
Freestyle											
50m	0:45.00	0:42.00	0:38.00	0:36.00	0:33.50	0:31.60	0:31.20	0:31.00	0:30.60	0:30.30	0:29.10
100m	1:47.00	1:41.00	1:22.00	1:17.00	1:13.00	1:08.60	1:07.50	1:06.90	1:06.30	1:06.00	1:02.60
200m		3:31.00	3:04.00	2:42.00	2:38.00	2:33.40	2:31.10	2:29.40	2:28.20	2:27.10	2:18.60
400m				5:42.00	5:27.00	5:10.50	5:05.60	5:02.50	4:59.20	4:57.00	4:52.60
800m				11:53.00	11:18.00	10:42.40	10:31.40	10:23.70	10:16.00	10:05.00	9:56.20
1500m						21:19.30	20:45.00	20:08.90	20:01.20	19:39.20	19:26.00
Backstroke											
50m	0:53.00	0:50.00	0:46.00	0:44.00	0:41.00	0:37.10	0:36.70	0:36.30	0:36.20	0:35.90	0:33.40
100m	1:58.00	1:52.00	1:34.00	1:29.00	1:24.00	1:18.10	1:17.30	1:16.50	1:16.30	1:15.70	1:11.30
200m			3:26.00	3:06.00	2:55.00	2:52.80	2:50.10	2:49.10	2:48.50	2:48.50	2:35.70
Breaststroke											
50m	0:58.00	0:55.00	0:51.00	0:49.00	0:46.00	0:41.60	0:41.40	0:41.20	0:40.90	0:40.60	0:37.10
100m	2:16.00	2:07.00	1:48.00	1:43.00	1:37.00	1:29.10	1:28.60	1:28.00	1:27.50	1:26.90	1:21.00
200m			3:59.00	3:33.00	3:20.00	3:18.40	3:16.10	3:15.60	3:14.40	3:12.70	2:57.70
Butterfly											
50m	0:52.00	0:49.00	0:44.00	0:41.00	0:38.50	0:34.60	0:33.90	0:33.70	0:33.40	0:33.30	0:30.90
100m		2:00.00	1:37.00	1:30.00	1:25.00	1:15.90	1:14.60	1:14.10	1:13.30	1:13.20	1:08.60
200m				3:11.00	3:00.00	2:54.70	2:53.60	2:48.80	2:48.20	2:47.60	2:35.40
Ind. Medley											
100m	1:59.00	1:53.00	1:42.00	1:30.00	1:21.60	1:19.90	1:19.20	1:18.60	1:18.30	1:17.80	1:12.60
200m		4:05.00	3:40.00	3:15.00	2:57.00	2:53.30	2:51.80	2:50.50	2:49.90	2:48.80	2:37.60
400m				6:50.00	6:21.00	6:01.70	5:54.20	5:48.20	5:45.40	5:41.00	5:35.00
Freestyle Relay											
4x50m		3:12.00	2:47.00	2:30.00	2:21.00	2:16.00	2:14.00	2:13.00	2:12.00	2:10.00	2:05.00
4x100m								4:39.00	4:37.00	4:35.00	4:30.00
4x200m									9:52.00	9:49.00	9:32.00
Medley Relay											
4x50m		3:43.00	3:20.00	2:54.00	2:41.00	2:32.00	2:29.00	2:30.00	2:29.00	2:28.00	2:15.00
4x100m								5:06.00	5:06.00	5:03.00	4:57.00