

## 2017-2018 'AA' LONG COURSE QUALIFYING TIMES

<b>Male</b>		<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>	<b>Open</b>
<b>Freestyle</b>	50m	0:49.00	0:46.48	0:42.12	0:38.62	0:36.70	0:30.90	0:29.70	0:29.10	0:28.50	0:28.00	0:26.30
	100m	2:00.00	1:53.00	1:32.00	1:24.79	1:20.57	1:07.70	1:05.30	1:03.20	1:02.20	1:01.40	0:58.30
	200m		3:57.00	3:42.00	2:58.00	2:44.00	2:29.00	2:24.60	2:19.70	2:16.50	2:14.80	2:11.10
	400m				6:13.00	5:44.00	5:14.70	5:02.50	4:56.40	4:52.40	4:46.90	4:40.50
	800m				12:49.00	11:52.00	10:54.10	10:25.60	10:11.90	10:03.90	9:51.30	9:49.40
	1500m						20:22.60	19:43.70	19:22.10	18:47.80	18:43.80	18:14.40
<b>Backstroke</b>	50m	0:56.00	0:52.94	0:47.96	0:43.98	0:41.79	0:37.00	0:35.50	0:34.50	0:33.90	0:33.10	0:30.80
	100m	2:06.00	1:58.00	1:37.00	1:33.73	1:29.07	1:18.00	1:15.10	1:12.80	1:11.50	1:09.90	1:07.10
	200m			3:49.00	3:32.54	3:16.08	2:50.70	2:43.50	2:38.80	2:35.90	2:33.10	2:28.00
<b>Breaststroke</b>	50m	1:02.00	0:58.39	0:52.90	0:48.51	0:46.10	0:41.40	0:39.50	0:38.40	0:37.60	0:36.90	0:33.90
	100m	2:25.00	2:17.00	1:52.00	1:45.19	1:39.95	1:29.00	1:25.00	1:22.50	1:20.60	1:19.20	1:15.20
	200m			4:15.00	3:56.61	3:38.22	3:13.40	3:06.10	3:02.80	2:58.50	2:57.20	2:47.60
<b>Butterfly</b>	50m	0:53.00	0:49.79	0:45.11	0:41.37	0:39.31	0:34.40	0:32.70	0:31.50	0:31.10	0:30.60	0:28.10
	100m		1:58.00	1:39.00	1:31.09	1:26.55	1:15.30	1:11.50	1:09.10	1:08.00	1:07.10	1:03.80
	200m			3:19.00	3:14.15	2:51.70	2:43.40	2:38.30	2:35.90	2:29.00	2:24.80	
<b>Ind. Medley</b>	200m		4:35.03	4:06.77	3:28.15	3:17.79	2:50.80	2:44.20	2:40.50	2:36.70	2:35.10	2:28.20
	400m			7:08.00	6:39.00	6:08.30	5:47.50	5:41.30	5:33.60	5:28.50	5:18.90	
<b>Freestyle Relay</b>	4x50m		3:33.00	3:20.00	2:42.00	2:35.00	2:12.00	2:05.00	2:04.00	2:02.00	1:59.00	1:52.00
	4x100m								4:27.00	4:23.00	4:14.00	4:06.00
	4x200m									9:20.00	9:14.00	9:02.00
<b>Medley Relay</b>	4x50m		4:02.00	3:35.00	2:58.00	2:49.00	2:31.00	2:22.00	2:20.00	2:18.00	2:16.00	2:05.00
	4x100m								4:53.00	4:50.00	4:47.00	4:34.00

## 2017-2018 'AA' LONG COURSE QUALIFYING TIMES

<b>Female</b>		<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17/18</b>	<b>Open</b>
<b>Freestyle</b>	50m	0:50.00	0:46.99	0:42.48	0:38.70	0:37.63	0:32.40	0:32.10	0:31.90	0:31.50	0:31.30	0:29.70
	100m	2:00.00	1:52.00	1:33.00	1:23.10	1:20.79	1:10.70	1:09.60	1:08.90	1:08.40	1:08.20	1:04.90
	200m		3:57.00	3:42.00	2:58.00	2:57.24	2:34.70	2:32.40	2:30.50	2:29.60	2:28.70	2:23.70
	400m				6:13.00	6:11.50	5:25.30	5:20.30	5:17.10	5:13.40	5:11.10	5:03.30
	800m				12:49.00	11:57.00	11:04.40	10:50.70	10:43.80	10:38.10	10:27.90	10:17.90
	1500m						22:05.30	21:24.20	20:53.40	20:44.20	20:21.40	20:08.40
<b>Backstroke</b>	50m	0:59.00	0:55.35	0:48.61	0:43.35	0:42.28	0:38.20	0:37.80	0:37.40	0:37.20	0:37.10	0:34.10
	100m	2:14.00	1:58.00	1:39.00	1:31.99	1:29.44	1:20.50	1:19.60	1:18.90	1:18.50	1:18.10	1:14.00
	200m			3:49.00	3:31.30	3:13.60	2:54.60	2:51.80	2:49.70	2:49.20	2:48.90	2:41.40
<b>Breaststroke</b>	50m	1:05.00	1:01.70	0:54.19	0:48.32	0:47.13	0:42.80	0:42.70	0:42.50	0:42.20	0:41.90	0:38.00
	100m	2:35.00	2:27.00	1:55.00	1:43.75	1:40.87	1:31.60	1:31.20	1:30.80	1:30.30	1:29.70	1:24.00
	200m			4:15.00	3:57.00	3:39.00	3:20.60	3:18.00	3:16.90	3:16.30	3:14.60	3:04.20
<b>Butterfly</b>	50m	0:55.00	0:51.67	0:45.39	0:40.47	0:39.47	0:35.60	0:35.00	0:34.70	0:34.50	0:34.40	0:31.60
	100m		2:05.00	1:39.00	1:29.67	1:27.18	1:18.40	1:17.00	1:16.20	1:15.60	1:15.40	1:11.20
	200m				3:19.00	3:13.26	2:56.40	2:55.30	2:50.50	2:49.70	2:49.20	2:41.00
<b>Ind. Medley</b>	200m		4:24.21	3:58.84	3:22.35	3:16.74	2:55.30	2:53.20	2:52.30	2:51.40	2:50.70	2:43.30
	400m				7:08.00	6:43.00	6:18.00	6:10.60	6:04.80	6:01.70	5:56.50	5:47.20
<b>Freestyle Relay</b>	4x50m		3:33.00	3:20.00	2:42.00	2:35.00	2:16.00	2:14.00	2:13.00	2:12.00	2:11.00	2:09.00
	4x100m								4:50.00	4:48.00	4:47.00	4:40.00
	4x200m									10:13.00	10:05.00	9:53.00
<b>Medley Relay</b>	4x50m		4:02.00	3:35.00	2:58.00	2:49.00	2:33.00	2:29.00	2:27.00	2:25.00	2:23.00	2:20.00
	4x100m								5:20.00	5:19.00	5:16.00	5:08.00