

# State Short Course Open and Age Swimming Championships

Friday 1 September - Sunday 3 September 2017  
HBF Stadium, Perth

Host: Swimming WA



|                         |   |
|-------------------------|---|
| <b>Contact</b>          | <b>Blake Lornie-Duguid</b><br>(08) 9328 4599<br>waswim@wa.swimming.org.au |
| <b>Time (Fri)</b>       | <b>Warm up</b> 2:30pm   |
|                         | <b>Opening Ceremony</b> 3:45pm  |
|                         | <b>Start</b> 4:00pm   |
| <b>Heats (Sat/Sun)</b>  | <b>Warm up</b> 8:00am   |
|                         | <b>Start</b> 9:00am   |
| <b>Finals (Sat/Sun)</b> | <b>Warm up</b> 5:00pm   |
|                         | <b>Start</b> 6:00pm   |
| <b>Cost (per event)</b> | <b>Individual</b> \$12.00   |
|                         | <b>Relay</b> \$20.00  |

## Recognition/Awards

- Medals will be awarded to the three fastest swimmers in the following age groups: 13yrs/U, 14yrs, 15yrs, 16yrs, 17-18yrs, Open
- Open medals will be awarded to the three fastest overall swimmers from each event regardless of the swimmers age. Open medals will be awarded to swimmers competing in A finals only
- Medals for the following age groups will differ from the above: Mens 14yrs/O 1500m freestyle - 1st, 2nd, 3rd for 14yrs, 15yr, 16yrs, 17-18yrs, Open and Boys 13yrs/U 800m freestyle - 1st, 2nd, 3rd
- Age group medal presentations will occur in the morning session
- Open medal presentations will occur in the evening sessions

|                      |  |
|----------------------|--|
| <b>Entries Close</b> | <b>10:00pm Thursday 24 August 2017</b>   |
| <b>Entry Method</b>  | Online entries only via the SWA website <a href="http://wa.swimming.org.au">wa.swimming.org.au</a> |

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## Entry Information

- All entrants must be Annual Members of Swimming WA
- Times must have been achieved since 1 January 2016
- Age group categories are 13yrs/U, 14yrs, 15yrs, 16yrs, 17-18yrs, Open
- 12 year olds may enter 13yrs/U events provided the 13yrs qualifying time is met
- Morning session to consist of age group timed finals seeded slowest to fastest, age group medals will be awarded based on results in morning session
- 19yrs/O swimmers to compete in a heat following completion of age group timed finals to qualify for finals.
- Fastest 16 swimmers in each event regardless of age to advance to Open A and B finals to take place in the evening session
- Open medals to be awarded to top three finishers in the Open A final
- Maximum of four visitors will be eligible to swim in the open A final and any number of visitors in the B final
- Relay entry: Clubs can enter **two** relay teams per event
- All relays will be swum as timed finals
- All MC events will be swum as timed finals
- Swimmers who do not withdraw from a Final within the allocated time frame will incur a \$50.00 fine (30 minutes after posting of morning individual heat results)
- Heat results will be posted within the venue and withdrawals can be made at the marshalling table

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## Qualifying Times

- Swimmers are to refer to the Swimming WA State Qualifying times in the 2017 Winter Almanac. 12yrs must meet the 13yrs qualifying time for State Age Events
- Qualifying times are not required for MC Events
- MC Swimmers may enter relevant male/female able bodied events for their classification provided they meet the qualifying time required. The classification card must be shown to the referee prior to the commencement of the event

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## Eligible Age Groups

- Age as at the first day of the meet
- State Open and Age Events – 12yrs to Open



## Programme

### Friday 1 September 2017

|    |                |                        |
|----|----------------|------------------------|
| 1  | Mens 14yrs/O   | 1500m freestyle*       |
| 2  | Girls 14yrs/U  | 4x50m medley relay     |
| 3  | Boys 14yrs/U   | 4x50m medley relay     |
| 4  | Womens 13yrs/O | 800m freestyle*        |
| 5  | Boys 14yrs/U   | 4x100m freestyle relay |
| 6  | Girls 14yrs/U  | 4x100m freestyle relay |
| 7  | Mens 13yrs/O   | 400m IM*               |
| 8  | Girls 14yrs/U  | 4x50m freestyle relay  |
| 9  | Boys 14yrs/U   | 4x50m freestyle relay  |
| 10 | Womens 13yrs/O | 400m IM*               |
| 11 | Boys 14yrs/U   | 4x100m medley relay    |
| 12 | Girls 14yrs/U  | 4x100m medley relay    |
| 13 | Boys 13yrs/U   | 800m freestyle*        |

### Saturday 2 September 2017

|     |                |                   |
|-----|----------------|-------------------|
| 14  | Mens 13yrs/O   | 400m freestyle**  |
| 15  | Womens 13yrs/O | 400m freestyle**  |
| 101 | MC Mens Open   | 400m freestyle    |
| 102 | MC Womens Open | 400m freestyle    |
| 16  | Mens 13yrs/O   | 100m backstroke   |
| 17  | Womens 13yrs/O | 100m backstroke   |
| 18  | Mens 13yrs/O   | 200m IM           |
| 19  | Womens 13yrs/O | 200m IM           |
| 103 | MC Mens Open   | 100m butterfly    |
| 104 | MC Womens Open | 100m butterfly    |
| 20  | Mens 13yrs/O   | 100m freestyle    |
| 21  | Womens 13yrs/O | 100m freestyle    |
| 22  | Mens 13yrs/O   | 100m breaststroke |
| 23  | Womens 13yrs/O | 100m breaststroke |
| 105 | MC Mens Open   | 50m breaststroke  |
| 106 | MC Womens Open | 50m breaststroke  |
| 24  | Mens 13yrs/O   | 200m butterfly    |
| 25  | Womens 13yrs/O | 200m butterfly    |

26 Mens 15 yrs & Over 4x100m Freestyle relay

27 Womens 15 & Over 4x100m Freestyle relay

### Sunday 3 September 2017

|     |                |                   |
|-----|----------------|-------------------|
| 28  | Mens 13yrs/O   | 200m freestyle    |
| 29  | Womens 13yrs/O | 200m freestyle    |
| 113 | MC Mens Open   | 100m breaststroke |
| 114 | MC Womens Open | 100m breaststroke |
| 30  | Mens 13yrs/O   | 200m breaststroke |
| 31  | Womens 13yrs/O | 200m breaststroke |
| 32  | Mens 13yrs/O   | 100m butterfly    |
| 33  | Womens 13yrs/O | 100m butterfly    |
| 115 | MC Mens Open   | 50m backstroke    |
| 116 | MC Womens Open | 50m backstroke    |
| 34  | Mens 13yrs/O   | 200m backstroke   |
| 35  | Womens 13yrs/O | 200m backstroke   |
| 117 | MC Mens Open   | 50m butterfly     |
| 118 | MC Womens Open | 50m butterfly     |
| 36  | Mens 13yrs/O   | 50m freestyle     |
| 37  | Womens 13yrs/O | 50m freestyle     |

38 Mens 15 yrs & Over 4x100m Medley relay

39 Womens 15 & Over 4x100m Medley relay

\*timed final \*\*time final except fastest two heats to be swum in the evening session

## 2017 State Championship Short Course Qualifying Times

| MALE              |        | 8       | 9       | 10      | 11       | 12       | 13       | 14       | 15       | 16       | 17/18    | Open     |
|-------------------|--------|---------|---------|---------|----------|----------|----------|----------|----------|----------|----------|----------|
| Freestyle         | 50m    | 0:45.00 | 0:41.94 | 0:38.45 | 0:35.82  | 0:33.42  | 0:29.90  | 0:28.60  | 0:28.10  | 0:27.50  | 0:27.00  | 0:25.70  |
|                   | 100m   | 1:47.00 | 1:42.00 | 1:23.00 | 1:18.65  | 1:13.47  | 1:05.30  | 1:03.00  | 1:01.00  | 1:00.00  | 0:59.20  | 0:56.20  |
|                   | 200m   |         | 3:36.00 | 3:15.00 | 2:45.00  | 2:35.00  | 2:23.20  | 2:19.00  | 2:14.40  | 2:11.30  | 2:09.60  | 2:06.50  |
|                   | 400m   |         |         |         | 5:48.00  | 5:26.00  | 5:02.60  | 4:50.90  | 4:45.00  | 4:41.20  | 4:35.90  | 4:30.60  |
|                   | 800m   |         |         |         | 12:05.00 | 11:21.00 | 10:36.10 | 10:08.30 | 9:55.00  | 9:47.20  | 9:35.00  | 9:28.70  |
|                   | 1500m  |         |         |         |          |          | 19:48.90 | 19:11.10 | 18:50.00 | 18:16.70 | 18:12.80 | 17:36.00 |
| Backstroke        | 50m    | 0:51.00 | 0:47.76 | 0:43.78 | 0:40.80  | 0:38.06  | 0:35.70  | 0:34.30  | 0:33.30  | 0:32.70  | 0:31.90  | 0:30.10  |
|                   | 100m   | 1:54.00 | 1:47.00 | 1:29.00 | 1:26.95  | 1:21.10  | 1:15.30  | 1:12.40  | 1:10.20  | 1:09.00  | 1:07.50  | 1:04.70  |
|                   | 200m   |         |         | 3:24.00 | 3:00.00  | 2:59.33  | 2:44.10  | 2:37.20  | 2:32.70  | 2:29.90  | 2:27.20  | 2:22.80  |
| Breaststroke      | 50m    | 0:56.00 | 0:52.68 | 0:48.29 | 0:45.00  | 0:41.98  | 0:40.00  | 0:38.10  | 0:37.00  | 0:36.20  | 0:35.60  | 0:33.20  |
|                   | 100m   | 2:12.00 | 2:04.00 | 1:42.00 | 1:37.57  | 1:31.01  | 1:25.80  | 1:22.00  | 1:19.60  | 1:17.80  | 1:16.40  | 1:12.50  |
|                   | 200m   |         |         | 3:55.00 | 3:22.00  | 3:18.71  | 3:06.00  | 2:59.00  | 2:55.80  | 2:51.70  | 2:50.40  | 2:41.70  |
| Butterfly         | 50m    | 0:48.00 | 0:44.93 | 0:41.18 | 0:38.37  | 0:35.79  | 0:33.20  | 0:31.50  | 0:30.40  | 0:30.00  | 0:29.50  | 0:27.50  |
|                   | 100m   |         | 1:49.00 | 1:31.00 | 1:24.49  | 1:18.81  | 1:12.60  | 1:09.00  | 1:06.70  | 1:05.60  | 1:04.70  | 1:01.50  |
|                   | 200m   |         |         |         | 2:58.00  | 2:56.79  | 2:45.10  | 2:37.10  | 2:32.20  | 2:29.90  | 2:23.20  | 2:19.70  |
| Individual Medley | 100m   | 2:02.00 | 1:56.00 | 1:45.00 | 1:29.00  | 1:23.00  | 1:15.70  | 1:12.80  | 1:11.10  | 1:09.50  | 1:08.70  | 1:05.90  |
|                   | 200m   |         | 4:10.54 | 3:46.99 | 3:13.08  | 3:00.10  | 2:44.20  | 2:37.90  | 2:34.30  | 2:30.70  | 2:29.10  | 2:23.00  |
|                   | 400m   |         |         |         |          | 6:12.00  | 5:54.10  | 5:34.20  | 5:28.20  | 5:20.80  | 5:15.80  | 5:07.70  |
| Freestyle Relay   | 4x50m  |         | 3:14.00 | 2:56.00 | 2:27.00  | 2:22.00  | 2:07.00  | 2:00.00  | 1:59.00  | 1:57.00  | 1:55.00  | 1:48.00  |
|                   | 4x100m |         |         |         |          |          |          |          | 4:17.00  | 4:12.00  | 4:05.00  | 3:57.00  |
|                   | 4x200m |         |         |         |          |          |          |          |          | 9:04.00  | 8:59.00  | 8:43.00  |
| Medley Relay      | 4x50m  |         | 3:38.00 | 3:14.00 | 2:41.00  | 2:34.00  | 2:25.00  | 2:17.00  | 2:15.00  | 2:13.00  | 2:10.00  | 2:00.00  |
|                   | 4x100m |         |         |         |          |          |          |          | 4:41.00  | 4:39.00  | 4:36.00  | 4:24.00  |

# 2017 State Championship Short Course Qualifying Times

| FEMALE            |        | 8       | 9       | 10      | 11       | 12       | 13       | 14       | 15       | 16       | 17/18    | Open     |
|-------------------|--------|---------|---------|---------|----------|----------|----------|----------|----------|----------|----------|----------|
| Freestyle         | 50m    | 0:46.00 | 0:43.45 | 0:39.29 | 0:36.45  | 0:34.85  | 0:31.30  | 0:31.00  | 30.70    | 30.40    | 0:30.20  | 0:29.10  |
|                   | 100m   | 1:49.00 | 1:43.00 | 1:25.00 | 1:18.27  | 1:14.83  | 1:08.20  | 1:07.10  | 1:06.50  | 1:06.00  | 1:05.80  | 1:02.60  |
|                   | 200m   |         | 3:36.00 | 3:15.00 | 2:45.00  | 2:37.00  | 2:28.80  | 2:26.60  | 2:24.70  | 2:23.90  | 2:23.00  | 2:18.60  |
|                   | 400m   |         |         |         | 5:48.00  | 5:31.00  | 5:12.80  | 5:08.00  | 5:05.00  | 5:01.40  | 4:59.20  | 4:52.60  |
|                   | 800m   |         |         |         | 12:05.00 | 11:26.00 | 10:46.10 | 10:32.70 | 10:26.10 | 10:20.50 | 10:10.50 | 9:56.20  |
|                   | 1500m  |         |         |         |          |          | 21:28.80 | 20:54.00 | 20:18.80 | 20:09.90 | 19:47.70 | 19:26.00 |
| Backstroke        | 50m    | 0:52.00 | 0:48.66 | 0:44.00 | 0:40.62  | 0:39.04  | 0:36.90  | 0:36.50  | 0:36.10  | 0:35.90  | 0:35.80  | 0:33.40  |
|                   | 100m   | 2:00.00 | 1:52.00 | 1:30.00 | 1:26.22  | 1:22.85  | 1:17.70  | 1:16.80  | 1:16.20  | 1:15.70  | 1:15.40  | 1:11.30  |
|                   | 200m   |         |         | 3:24.00 | 3:00.00  | 2:59.33  | 2:47.90  | 2:45.20  | 2:43.20  | 2:42.70  | 2:42.40  | 2:35.70  |
| Breaststroke      | 50m    | 0:58.00 | 0:54.25 | 0:49.05 | 0:45.29  | 0:43.51  | 0:41.30  | 0:41.20  | 0:41.00  | 0:40.70  | 0:40.40  | 0:37.10  |
|                   | 100m   | 2:18.00 | 2:11.00 | 1:44.00 | 1:37.24  | 1:33.43  | 1:28.40  | 1:28.00  | 1:27.60  | 1:27.20  | 1:26.50  | 1:21.00  |
|                   | 200m   |         |         | 3:55.00 | 3:22.00  | 3:22.85  | 3:12.90  | 3:10.40  | 3:09.30  | 3:08.70  | 3:07.10  | 2:57.70  |
| Butterfly         | 50m    | 0:48.00 | 0:45.43 | 0:41.08 | 0:37.93  | 0:36.45  | 0:34.40  | 0:33.80  | 0:33.50  | 0:33.30  | 0:33.20  | 0:30.90  |
|                   | 100m   |         | 1:53.00 | 1:31.00 | 1:24.04  | 1:20.76  | 1:15.60  | 1:14.30  | 1:13.50  | 1:13.00  | 1:12.80  | 1:08.60  |
|                   | 200m   |         |         |         | 2:58.00  | 2:59.01  | 2:49.70  | 2:48.50  | 2:44.00  | 2:43.20  | 2:42.70  | 2:35.40  |
| Individual Medley | 100m   | 2:00.00 | 1:54.00 | 1:43.00 | 1:28.00  | 1:24.00  | 1:17.70  | 1:16.70  | 1:16.40  | 1:16.00  | 1:15.60  | 1:12.60  |
|                   | 200m   |         | 4:05.69 | 3:42.12 | 3:09.65  | 3:02.23  | 2:48.50  | 2:46.50  | 2:45.70  | 2:44.80  | 2:44.10  | 2:37.60  |
|                   | 400m   |         |         |         |          | 6:16.00  | 6:03.50  | 5:56.40  | 5:50.80  | 5:47.80  | 5:42.80  | 5:35.00  |
| Freestyle Relay   | 4x50m  |         | 3:14.00 | 2:56.00 | 2:27.00  | 2:22.00  | 2:10.00  | 2:09.00  | 2:08.00  | 2:07.00  | 2:06.00  | 2:05.00  |
|                   | 4x100m |         |         |         |          |          |          |          | 4:39.00  | 4:37.00  | 4:36.00  | 4:30.00  |
|                   | 4x200m |         |         |         |          |          |          |          |          | 9:57.00  | 9:49.00  | 9:32.00  |
| Medley Relay      | 4x50m  |         | 3:38.00 | 3:14.00 | 2:41.00  | 2:34.00  | 2:27.00  | 2:24.00  | 2:22.00  | 2:20.00  | 2:18.00  | 2:15.00  |
|                   | 4x100m |         |         |         |          |          |          |          | 5:08.00  | 5:07.00  | 5:04.00  | 4:57.00  |